

SUSHI

Whether it is raw or cooked fish, chicken or plant-based, let us treat your tastebuds with our freshly prepared Japanese sushi selection

MAKI

Freshly cut sushi rolls, with a vegetable or salmon centre, wrapped in rice and nori

Avocado Maki 201kcal 8 piece avocado and vegan mayo maki	✔ £2.65
Cucumber Maki 146kcal 8 piece cucumber and mixed sesame seed maki	✔ £2.65
Salmon Maki 196kcal 8 piece salmon maki	£3.50



Freshly made... just for you

SASHIMI

Freshly cut slices of sashimi

Salmon Sashimi 152kcal Freshly cut salmon sashimi	£5.00
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NIGIRI

Plump rice balls, topped with a slice of fish or vegetables

Salmon Nigiri 336kcal 6 piece salmon nigiri	£6.00
Salmon & Prawn Nigiri 335kcal 3 piece salmon nigiri and 3 piece prawn nigiri	£6.00
Inari Nigiri 270kcal 4 piece inari nigiri	✔ £3.65
Inari & Kaiso Nigiri 263kcal 2 piece inari nigiri and 2 piece kaiso topped inari nigiri	✔ £3.80

HOUSE ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice

California Roll 408kcal 10 piece surimi and avocado roll topped with mixed sesame seeds	£4.80
Salmon Avocado Roll 373kcal 10 piece salmon and avocado roll topped with mixed sesame seeds	£5.50
Chicken Katsu Roll 426kcal 10 piece chicken katsu and avocado roll topped with mixed sesame seeds	£5.20
Prawn Katsu Roll 362kcal 10 piece prawn katsu and cucumber roll topped with mixed sesame seeds	£5.35
Veggie Roll 318kcal 10 piece red pepper, cucumber and avocado roll topped with mixed sesame seeds	✔ £4.60
Tuna Roll 325kcal 10 piece tuna and cucumber roll topped with mixed sesame seeds	£4.90

SPICY ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with spicy sriracha mayo

Spicy California Roll 395kcal 10 piece surimi and avocado roll topped with spicy mayo and shichimi powder	£4.95
Spicy Salmon & Avocado Roll 360kcal 10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	£5.65
Spicy Chicken Katsu Roll 392kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	£5.35
Spicy Prawn Katsu Roll 349kcal 10 piece prawn katsu and cucumber roll topped with spicy mayo and shichimi powder	£5.50
Spicy Veggie Roll 305kcal 10 piece red pepper, cucumber and avocado roll topped with spicy mayo and shichimi powder	✔ £4.75
Spicy Tuna Roll 312kcal 10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder	£5.05

MIXED SUSHI SETS

A selection of sushi rolls & dishes, great for those wanting to try a selection of sushi styles

Super Salmon 459kcal 5 piece salmon avocado roll, 2 piece salmon nigiri and 8 piece salmon maki	£7.90
Plant Power 594kcal 10 piece veggie crunch roll, 2 inari nigiri and 2 red pepper nigiri	✔ £7.00
Panku Classics 545kcal 5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri	£7.80
Crunchy Katsu & Hoisin Box 606kcal 5 piece spicy chicken katsu roll, 5 piece crunchy chicken katsu roll and 5 piece hoisin duck roll	£7.50
Crunch Combo Roll Box 635kcal 5 piece crunchy tuna roll, 5 piece crunchy salmon avocado roll and 5 piece spicy crunchy california roll	£7.00
Great Catch Combo Box 593kcal 5 z salmon avocado roll, 4 piece cucumber hosomaki, 3 piece salmon nigiri and 3 piece prawn nigiri	£9.20
All Salmon Love Set 1027kcal 10 piece salmon avocado roll, 10 piece crunchy salmon avocado roll and 4 piece salmon nigiri	£13.00
Chicken Top Hits 997kcal 10 piece chicken katsu roll, 10 piece spicy crunchy chicken roll and 4 piece chicken gyoza	£12.50

PANKU SPECIALITY ROLLS

Hoisin Duck Roll 320kcal 10 piece duck, cucumber and spring onion roll topped with mixed sesame seed	£4.90
Hoisin Duck Crunch Roll 372kcal 10 piece duck, cucumber and spring onion roll topped with vegan mayo and crunchy onions	£5.20
Dynamite Roll 516kcal 10 piece surimi and avocado roll topped with salmon, sriracha mayo and shichimi chilli powder	£6.00

CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

California Crunch Roll 461kcal 10 piece surimi and avocado roll topped with vegan mayo, teriyaki and crunchy onions	£5.10
Salmon & Avocado Crunch Roll 425kcal 10 piece salmon and avocado roll topped with vegan mayo, teriyaki and crunchy onions	£5.80
Chicken Katsu Crunch Roll 458kcal 10 piece chicken katsu and avocado roll topped with vegan mayo, teriyaki and crunchy onions	£5.50
Prawn Katsu Crunch Roll 414kcal 10 piece prawn katsu and cucumber roll topped with vegan mayo, teriyaki and crunchy onions	£5.65
Veggie Crunch Roll 370kcal 10 piece red pepper, cucumber and avocado roll topped with vegan mayo, teriyaki and crunchy onions	✔ £4.90
Tuna Crunch Roll 377kcal 10 piece tuna and cucumber roll topped with vegan mayo, teriyaki and crunchy onions	£5.20

PLATTER

Hand-rolled platters, with an array of sushi rolls. Platters can be made to order, please speak to a staff member for further details

Ultimate Panku Party Platter 1506kcal 10 piece spicy crunchy tuna roll, 10 piece crunchy salmon avocado roll, 5 piece vegan roll, 4 piece salmon nigiri, 4 piece prawn nigiri and 2 piece inari nigiri	£22.00
All Stars Plant Platter 1441kcal 10 piece vegan roll, 10 piece crispy vegan roll, 10 piece spicy vegan roll, 8 piece cucumber maki, 8 piece red pepper maki, 2 piece red pepper nigiri and 2 piece inari nigiri	✔ £20.00

SUSHI SNACK PACKS

Inari Snack Pack 218kcal 2 piece inari nigiri and 4 piece cucumber maki	£3.00
Salmon Snack Pack 193kcal 2 piece salmon nigiri and 4 piece salmon maki	£3.20

Shrimply the Best 982kcal 10 piece crunchy prawn katsu roll, 10 piece spicy crunchy prawn katsu roll and 4 piece prawn nigiri	£12.50
Veggie Pick 'n' Mix 820kcal 10 piece crunchy vegan roll, 10 piece vegan roll, 2 piece inari nigiri, 2 piece red pepper nigiri	✔ £10.75
Super Sharer 1049kcal 10 piece crunchy tuna roll, 10 piece spicy crunchy california roll, 2 piece inari nigiri and 2 piece prawn nigiri	£11.75

パンク
Panku
Streetfood

SPICY CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped off with spicy sriracha mayonnaise and crunchy onion

Spicy California Crunch Roll 453kcal 10 piece surimi and avocado roll topped with spicy mayo and shichimi powder	£5.25
Spicy Salmon & Avocado Crunch Roll 418kcal 10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	£5.95
Spicy Chicken Katsu Crunch Roll 472kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	£5.65
Spicy Prawn Katsu Crunch Roll 407kcal 10 piece prawn katsu and cucumber roll topped with spicy mayo and shichimi powder	£5.80
Spicy Veggie Crunch Roll 363kcal 10 piece red pepper, cucumber and avocado roll topped with spicy mayo and shichimi powder	✔ £5.05
Spicy Tuna Crunch Roll 370kcal 10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder	£5.35



new

BAO BUNS

Plump bao buns, filled with meat or vegetables, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

Pulled Pork 263kcal Bao bun filled with Korean pulled pork, pickled red onion and pickled cucumber, topped with spring onion and crispy onion	£2.95
Korean Chicken 269kcal Bao bun filled with Korean chicken pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce	£2.95
Pumpkin Katsu 246kcal Bao bun filled with pumpkin katsu pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce	✔ £2.90
Hoisin Duck 238kcal Bao bun filled with hoisin duck, pickled red onion and pickled cucumber, topped with spring onion and crispy onion	£2.95

HEAT AT HOME MEALS

Enjoy a selection of your favourite Asian dishes, freshly prepared at our kiosk with a wide choice of tasty meals you're sure to enjoy

Chicken Katsu Curry 566kcal Chicken katsu, steamed rice, curry sauce, spring onion and beni shoga	£5.50
Spicy Chicken Teriyaki Rice Bowl 765kcal Fried chicken, steamed rice, crispy shredded vegetables, pak choi, teriyaki sauce topped with shichimi powder	£5.50
Korean Chilli Beef Bulgogi 457kcal Korean beef, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds and spring onions	£5.50
Spicy Korean Chicken Rice Bowl 675kcal Fried chicken, steamed rice, KFC sauce, crispy shredded vegetables and pak choi	£5.50
Teriyaki Noodles 454kcal Teriyaki noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce	✔ £4.50
Chicken Curry Noodles 554kcal Chicken katsu, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with curry sauce	£5.50
Korean Beef Noodles 550kcal Korean beef, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce	£5.50
Korean Chicken Noodles 703kcal Fried chicken, noodles, KFC sauce, shredded vegetables topped with spring onions, beni shoga and mixed sesame seeds	£5.50
Pumpkin Katsu Curry 526kcal Pumpkin katsu, steamed rice, curry sauce, spring onion and beni shoga	✔ £5.50
Hoisin Duck Donburi 600kcal Hoisin duck, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds	£5.50

Who said midweek meals had to be boring



SNACKS & SIDES

Japanese Chicken Bites 674kcal 10 piece chicken bites with Japanese mayo	£5.00
Korean Chicken Bites 732kcal 10 piece chicken bites with KFC sauce	£5.50
Teriyaki Chicken Bites 759kcal 10 piece chicken bites with teriyaki sauce and mixed sesame seeds	£5.50
Chicken Gyoza 222kcal 5 piece chicken gyoza with dipping sauce	£4.25
Veggie Gyoza 233kcal 5 piece vegan gyoza with dipping sauce	✔ £4.00
Duck Gyoza 221kcal 5 piece duck gyoza with dipping sauce	£4.25
Prawn Gyoza 219kcal 5 piece prawn gyoza with dipping sauce	£4.50

SALADS

Edamame 204kcal Edamame pods sprinkled with sea salt and spring onion	✔ £2.00
Kaiso Salad 162kcal Sesame seaweed salad topped with mixed sesame seed	✔ £2.70



Why not give it a gyoza?

Gyoza are dumplings filled with delicious flavours wrapped in a thin dough perfect for lunch, snacks or dinner

vegan

DESSERTS

A selection of classic Japanese desserts, perfect to finish off any meal or if you're in need of a sweet treat

Chocolate Ganache Mochi 204kcal Chocolate ganache filled Japanese dessert	✔ £2.75
Mango Cheesecake Mochi 207kcal Chocolate ganache filled Japanese dessert	✔ £2.75
Raspberry White Chocolate Mochi 207kcal Raspberry white chocolate cheesecake filled Japanese dessert	✔ £2.75
Strawberry Cheesecake Mochi 185kcal Strawberry cheesecake filled Japanese dessert	✔ £2.75
Strawberry Dorayaki Pancake 237kcal Japanese pancake with strawberry cream filling	✔ £1.80



J A P A N E S E . T H A I . K O R E A N

✔ SUITABLE FOR VEGANS

✔ SUITABLE FOR VEGETARIANS



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The recommended daily calorie intake is 2,000kcal* for adults.
*calories correct at the time of publishing